

**Elmwood Royal Invitational  
Elmwood Middle School**

- Date:** Friday, April 28th- 4:30
- Teams:** Clyde McPherson, Elmwood, Lakota, New Riegel, Old Fort, Otsego, St. Joe, Woodmore
- Times:** **4:30 – Girls HJ, Boys Shot, Girls Disc, Boys Pole Vault, Girls and Boys Open Pit Long Jump**  
**5:00 - Running events will start.**
- Entry Forms:** Entries will be done on Baumspage.com. Window opens on April 1<sup>st</sup> and closes on Thursday, Aril 27<sup>th</sup> at 11pm. Meet programs will be posted Friday morning.
- Awards:** Champion and Runner-up trophy. Medals will be awarded for 1<sup>st</sup> -3<sup>rd</sup> (Gold, Silver, & Bronze). Ribbons for 4<sup>th</sup> – 6<sup>th</sup>. They will be handed out to the coaches at the conclusion of the meet in the press box.
- Facilities:** The track is an eight lane all weather surface as well as all runways and jumps. The shot/discus area are concrete. Camps should be outside the track fence away from the finish line area. **Maximum spike length is ¼ inch exposed spike!**
- Events:** Normal invitational format with addition of Thrower 4x100 Relay before the 4x400. All events will be run as a timed finals with the fastest heat going last. Athletes and relays can score from any heat.
- Scoring:** 10, 8, 6, 5, 4, 3, 2, 1
- Field Events:** You will supply your own implements.
- Jury of Appeals:** The jury will consist of the starter, assistant starter and the head coach from Elmwood.
- Markings:** **No chalk** anywhere on the track or runways. Use tennis balls for on the track events. For high jump, tape is acceptable. Please remove before leaving the facility. Markings along the runways are permitted.
- Results:** Results of the meet will be available on baumspage.com by the time you get home on the bus.
- Admission:** Prices will be \$3.00 for a student, \$5.00 for an adult.

If you have any questions, please feel free to call or email the meet manager Eric Poffenbaugh. The high school number is 419-655-2583, my cell is 567-224-2708, email is [poffe@elmls.net](mailto:poffe@elmls.net).